



E-Benefits Newsletter
L & A Services, Inc.

Your Trusted Source for Insurance Benefits for 25 Years

3240 E. Union Hills Dr. - Ste. 101
 Phoenix, AZ 85050
 Ph: 602-996-6010
 Web: www.LNAservices.com



March 2011

Our heartfelt prayers go out to all of the victims of the horrible tragedy affecting Japan.

In This Edition:

- We've Moved!
- Client Spotlight
- HSA Contribution Info
- Links of Interest

Ben's Corner



Welcome to Ben's corner! If you are like most of my clients, you have a lot to do and little time to do it. In the spirit of being concise, interesting, and valuable to you, you can trust reading Ben's corner monthly will be quick and to the point. Thank you for reading.

There is a lot of turmoil in our world right now, so our focus should be on taking care of each other. Insurance takes care of the financial impact of a catastrophe, but it's people who take care of the emotional impact. Show your family you love them

We Have a New Office!



L & A is proud to announce our new office location! Please note our new physical and mailing address:

3240 E. Union Hills Dr. - Ste. 101
 Phoenix, AZ 85050

Phone number and fax number remain unchanged.

The office is conveniently located on the northeast corner of 32nd St. & Union Hills Dr. - just west of SR 51 and south of the 101 Fwy. Feel free to stop

by anytime and visit!

We are planning an Open House during the month of April. Details to be announced in our April Newsletter!

L & A Client Spotlight

In This Months Spotlight:

Classic Catering, Ltd.

and take good care of yourself. When a disaster strikes home, we will need each other just as much (if not more) than you will need your insurance policy.

Today, I'd simply like to leave you with this thought: We all pay our insurance policies regularly to protect our family against financial hardship in an unexpected event, so I say let's pay our families in love & appreciation on a regular basis. Both will provide peace of mind.

*Benjamin C. Rosky,
RHU*

Healthcare Reform Links:

DHHS



[Pre-Existing Condition Insurance Plan \(PCIP\) Home](#)

[Health Insurance Web Portal](#)

['Grandfathered' Plans Decision Tool](#)

[Quick Tip of the Month](#)



CLASSIC CATERING, LTD.

FROM SIMPLE TO ELABORATE • ALWAYS ELEGANT • CUSTOM CATERING

Make your next occasion a pleasant and memorable experience. We offer Culinary Classics such as Italian, BBQ, Mexican, and Continental Cuisine as well as Specialty Event & Themed Menus. Call us for your next Corporate Event, Church Function, Cocktail Party, Wedding or any event!

Quality is our reputation since 1982.

Peoria: 623.933.4903 • Grand: 623.546.7507 • www.classiccateringltd.com

(Click on the Banner to Visit The Website)

L & A is proud to introduce our client: Classic Catering, Ltd. which has been a client of L & A since December of 2007.

A friendly, knowledgeable staff that can meet nearly all of your catering needs. Call them for your next event!

Important Update on HSA Contributions



It's that time again: Tax season is upon us.

If you have a Health Savings Account (HSA) you will need to file your 2010-2011 contributions with the IRS at the same time you file your other tax forms.

You can download and complete [Form 8889](#) that you need to file for your HSA contributions by clicking the link above.

An HSA provides incredible tax advantages, but you must have a qualified health plan. For a detailed explanation on how HSA's work, visit [THIS SITE](#) or feel free to call us at 602-996-6010.

Links of Interest



This month, we would like to share three very helpful websites with our readers.

These sites are very interactive and can answer many of your health insurance-related questions.

Enjoy them and feel free to share them with your friends and family!

[Preventive Care Guidelines](#) (Enter your age and gender for a prevention list)

[Health Care Lane](#) (Award-winning interactive site to answer your questions)

[Be Smart About Your Health](#) (Interactive site on maintaining your health & wellness)

Hospital Expense plans can take the financial burden off of your HDHP (High deductible Health Plan) by providing you with first dollar cash to apply toward your deductible in the event of hospitalization.

Online Quotes!



Get Yours Today!

Quick Links:

[L & A Services Home](#)

[Retirement Website](#)

[Policy Service](#)

[Contact Us](#)

[Subscribe to Our Retirement Newsletter](#)

Carrier News

Great News from BCBSAZ! No quarterly increase for new business rates!



Follow Us!

Thank you for choosing L & A Services to provide for your insurance needs. You are our most valuable asset and we look forward to meeting your insurance needs for many years to come.

Please forward this e-mail to those you know who may benefit from this information or our services.

See you again next month.

Sincerely,
The L & A Team

Proudly



Of Service to Thousands of Arizona Residents From Over 100 Carriers!

[Individuals](#) [Families](#) [Small Businesses](#) [Chamber Members](#) [Realtors](#)

Health Insurance * Life Insurance * Dental Plans * Disability Insurance
Annuities * Short-Term Medical * Travel Insurance * Pre-Paid Legal Plans
Accident Only Plans & More

[Share the News! Forward This Email to a Friend!](#)



This email was sent to kenny@lnaservices.com by kenny@lnaservices.com | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

L & A Services, Inc. | 3240 E. Union Hills Dr. | Ste. 101 | Phoenix | AZ | 85050

